

National implementation of suicide bereavement support

Support after Suicide Partnership
South West London Health & Care Partnership

Outline

NHS England Long Term Plan

What is it

what's happening

Support after Suicide Partnership

Working with STPs

South West London Suicide Bereavement Service



NHS Long Term Plan

Post-crisis support for families and staff who are bereaved by suicide, through the NHS 111 helpline system (page 70, paragraph 3.97)

Suicide bereavement support for [bereaved] families, and staff working in mental health crisis services in every area of the country (page 72, paragraph 3.106)

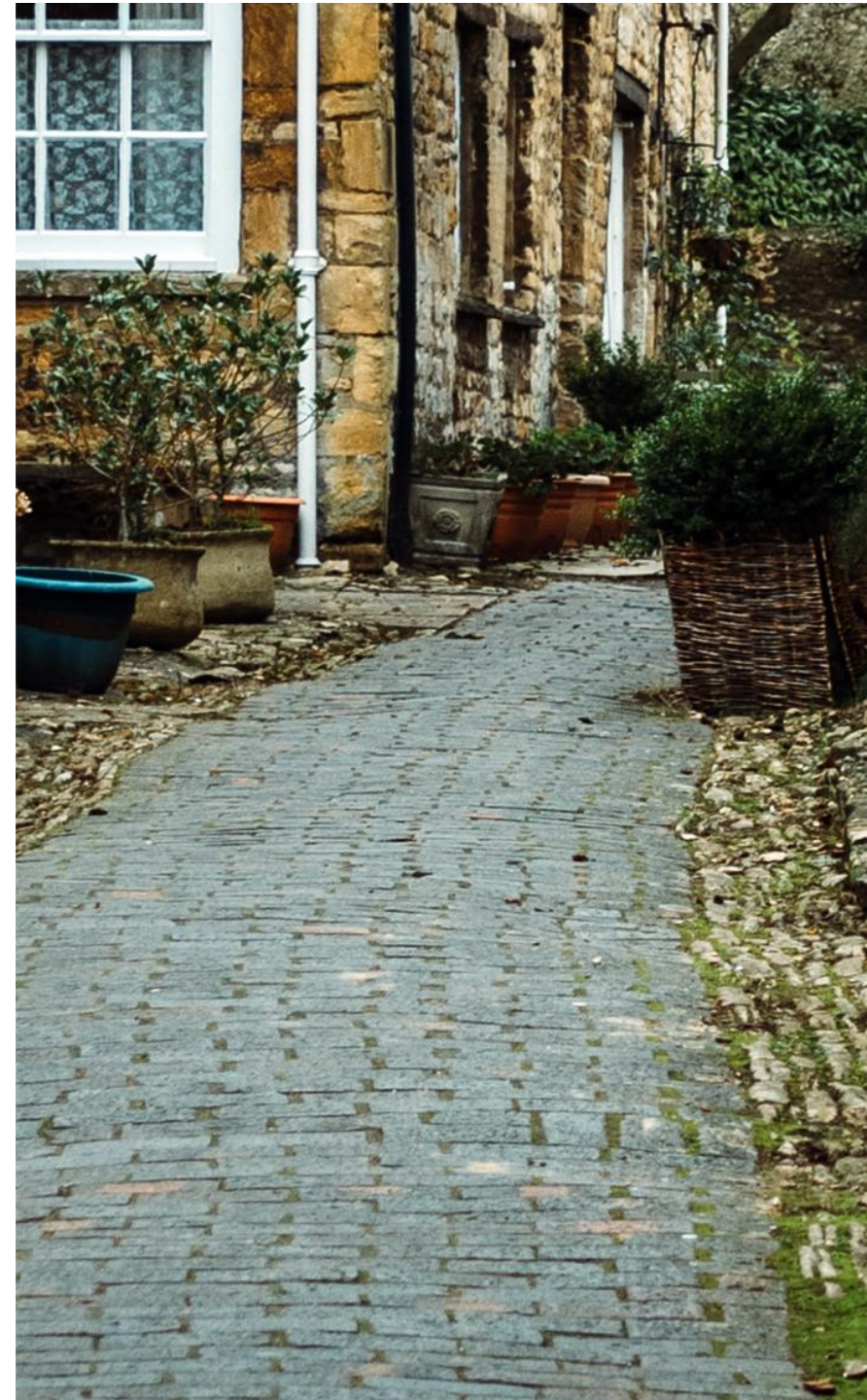
What is happening?

Ten pilot areas in the UK

Berkshire, Oxfordshire, Bedfordshire; Derbyshire; Devon; Durham ICS;
Leicestershire; North West London; North Central London; Nottingham;
South West London; West Yorkshire and Harrogate

Central Hub of Resources, Information, Support

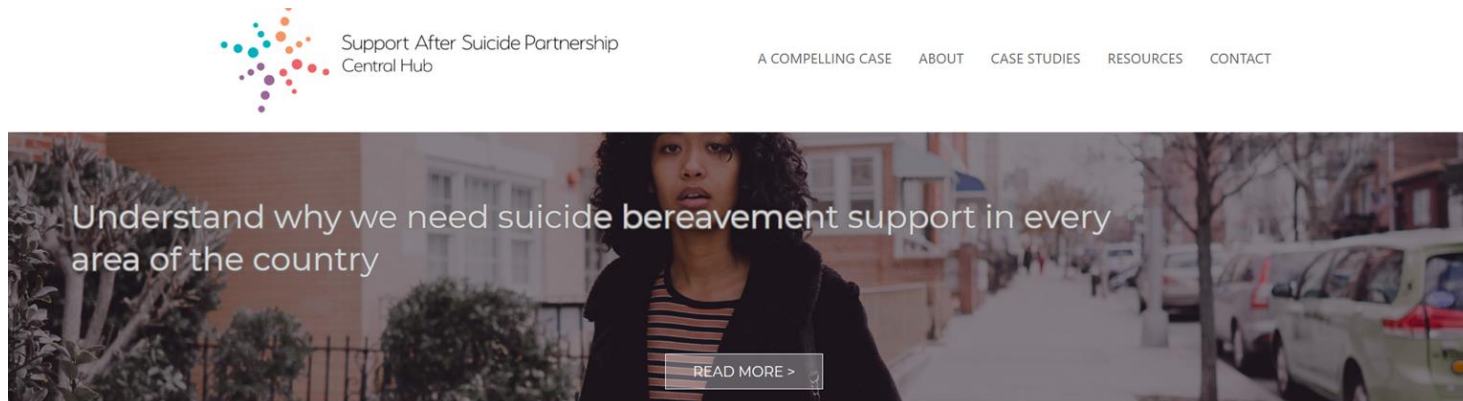
hub.supportaftersuicide.org.uk



Central Hub

The hub exists to provide quality evidence, best practice guidance and professional support for all those involved in planning and delivering suicide bereavement and liaison services.

Central Hub Website



WELCOME TO THE CENTRAL HUB

We have put together this hub to provide quality evidence, best practice guidance and professional support for all those involved in planning and delivering suicide bereavement and liaison services.

The information you will find here is only the beginning, the Central Hub Team can also support you with more bespoke questions through our contact page.

We hope you find your time here helpful and informative.



Preparing a
funding
proposal?



Need to
develop a
service?



Browse the
resources



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Preparing a proposal

Before reading '*Preparing a proposal*', we suggest you might want to look at our page on [Developing a Suicide Bereavement Service](#) to give you an idea of what a good service looks like, and what you might want to think about.

[ALIGNMENT WITH WHAT EXISTS](#)

[MEETING LOCAL NEED](#)

[SCOPE OF SERVICE](#)

[USING DATA AND DEMOGRAPHICS](#)

[SERVICE GOVERNANCE](#)

[HUMAN RESOURCES](#)

[FINANCE AND FUNDING](#)

[SUSTAINABILITY AND EVALUATION](#)

Fragmentation of services and organisations is a problem for many areas. This is especially pronounced in relation to mental health-related services where continuity of care and inter-agency working is critical to giving people the support they need. Support after suicide can only be effective with appropriate alignment between services and stakeholders, taking into account existing structures, policies and guidelines, both local and national. For example, how will you navigate between the Suicide Liaison Worker, the family, and the Coroner? Or will the police have access to local services who can contact the family within one week of the death?

Your proposal will need to be grounded in a whole locality approach, with strong evidence of the involvement and alignment of all of the relevant agencies and stakeholders.

You may wish to consider:

• Existing suicide prevention and bereavement support policies locally



There is no standard approach to developing and delivering a suicide bereavement service, and the detail of every service needs to match local need and context.

Based on the experience and learnings of existing services, we have put together common development stages to make your planning journey as seamless as possible.

- » Understand the local content
- » Making a start
- » Getting together
- » Defining your service
- » Your business case
- » Mapping the service user journey
- » Training
- » Consider piloting your activity
- » Monitoring the evaluation



1/ Understand the local context



You will need to understand the scale and shape of local need for your service. In addition, placing this in the context of national priorities helps you to build your local case for support.



Resources

The Inquest Handbook: A guide for bereaved families, friends and advisors



The handbook gives you detailed...

- [> View online](#)
- [↓ Download](#)

coroner, inquest

Support after a suicide: A guide to providing local services



This resource provides guidance on...

- [> View online](#)
- [↓ Download](#)

bereavement, local, postvention, services

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All Publishers

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Support After A Suicide



Our guide "Support after a Suicide"...

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bereavement support

Suicide Safer Universities



This guide provides a framework...

- [> View online](#)
- [↓ Download](#)

international resources



Case studies



Cambridgeshire and Peterborough's suicide prevention

Fiona Breaker-Rolfe was responsible for setting up the service from the start and she has shared some of her learnings and experiences with us.

[CONTINUE READING](#)



The journey to support in Leeds

Laura Pattison leads the Leeds Suicide Bereavement Service, which launched in September 2015. Laura told us about how the service works with bereaved people, offering a range of ways to engage to meet with local need.

[CONTINUE READING](#)



A Day in the Life of a Suicide Liaison Worker in a rural area


Anne Embury is employed by Outlook South West, a provider of mental health services in Cornwall & Isles of Scilly.

[CONTINUE READING](#)

Resources

Finding the words

How to support someone who has been bereaved and affected by suicide



UCL Support After Suicide Partnership

Section 1: What you may be feeling

Talk to someone now

If you need help right away, the organisations listed below can give you support. There are full listings of other helpful organisations in section 6.

Samaritans
www.samaritans.org
Samaritans provide emotional support to anyone who is struggling to cope and needs someone to listen. Local branches can be visited during the day.

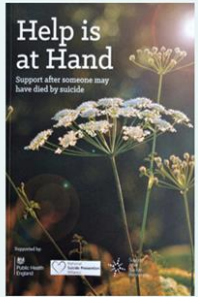
Helpline: 116 123
Every day, 24 hours
SMS: 07725 909090
Email: jo@samaritans.org

Survivors of Bereavement by Suicide (SOBS)
www.uk-sobs.org.uk
SOBS offers support for those bereaved or affected by suicide through a helpline answered by trained volunteers who have been bereaved by suicide and a network of local support groups.

Helpline: 0300 111 5066
Every day 9.00 – 21.00
Email: sobs.support@hotmail.com

Cruse Bereavement Care
www.cruse.org.uk
Cruse supports people after the death of someone close. Their trained volunteers offer confidential face-to-face, telephone, email and website support, with both national and local services. They also have services specifically for children and young people.

Helpline: 0844 477 9400
Monday and Friday 9.30 – 17.00
Tuesday, Wednesday and Thursday 09.30 – 20.00
Email: helpline@cruse.org.uk



2 What may be happening

When you are faced with the sudden death of someone, and especially in the early days, there will be several practical issues that need to be handled. This section has information to help you through these issues.

Coroner's officer
When a sudden and unexpected death is reported to the relevant judicial officer (or a doctor) appointed by the coroner, the coroner may investigate the case. The coroner's officer will contact the next of kin, within one working day of being reported, to explain what has happened and what needs to be done. This may take time, for example where there is to be an inquest. The coroner's officer will also provide information about coroners and what to expect. For more information see pages 19 – 23.

Coroner's officer came to see us
A few days after the death, the coroner's officer came to see us. She was very helpful and did what she could to help us. She explained to us what the coroner needed and what the next steps were.

Coroner, whose wife died

Guidelines for delivering bereavement support groups

Support After Suicide Partnership

National Bereavement Alliance



Work with STPs and Partners

Partnerships with

- Coroners' Court Support Service
- Coroners (regional and Chief Coroner)
- IPSO
- Tell Us Once

Working with STPs



What next

Ten pilot areas will expand their current provisions

NHS LTP will start a new round of funding in early 2020

Central Hub in Phase 2

More case studies, education days, appointing a Central Hub Implementation Manager, evaluation

Over to South West London

sarah@supportaftersuicide.org.uk

