



Delivering our intervention during COVID 19

Jane Boland – Clinical Lead and Centre Manager
Ellen O'Donoghue – CEO

About James' Place



Our mission

Our mission is to stop men dying by suicide; suicide is still the single leading cause of death of men under 50

We opened our Liverpool centre in 2018 and have seen over 400 men since then

Our second centre in London will open in the coming months, and we have already started seeing men virtually in Hackney

We also work to understand what drives a suicidal crisis, what can be done to address it, and how to prevent it, working academic partners

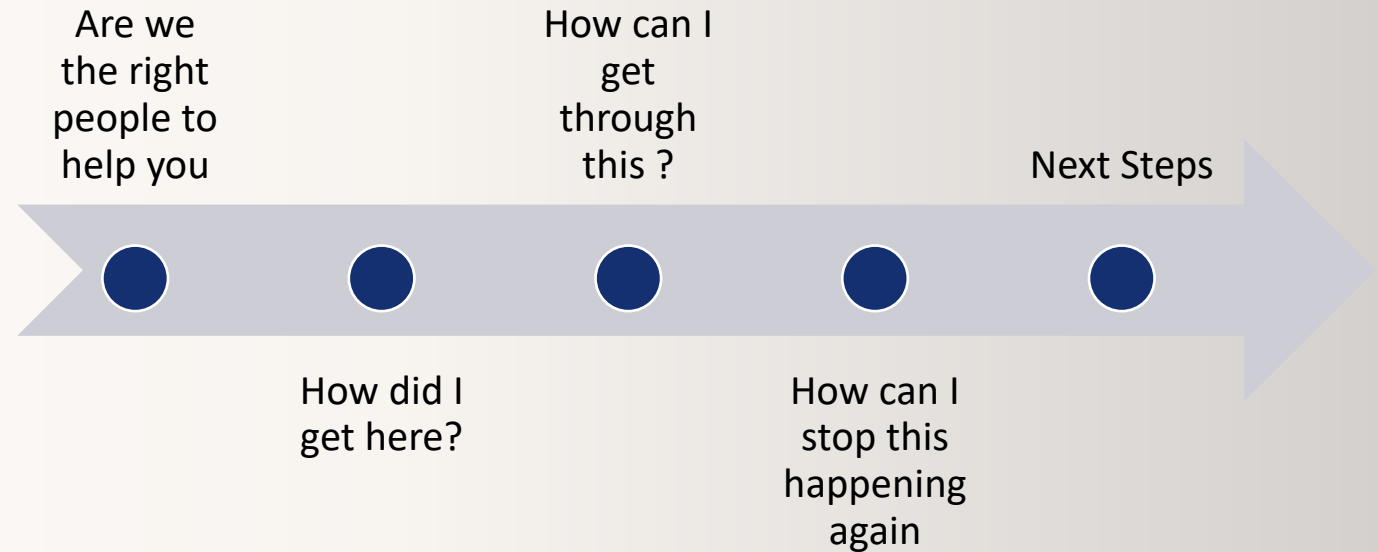


James' Place

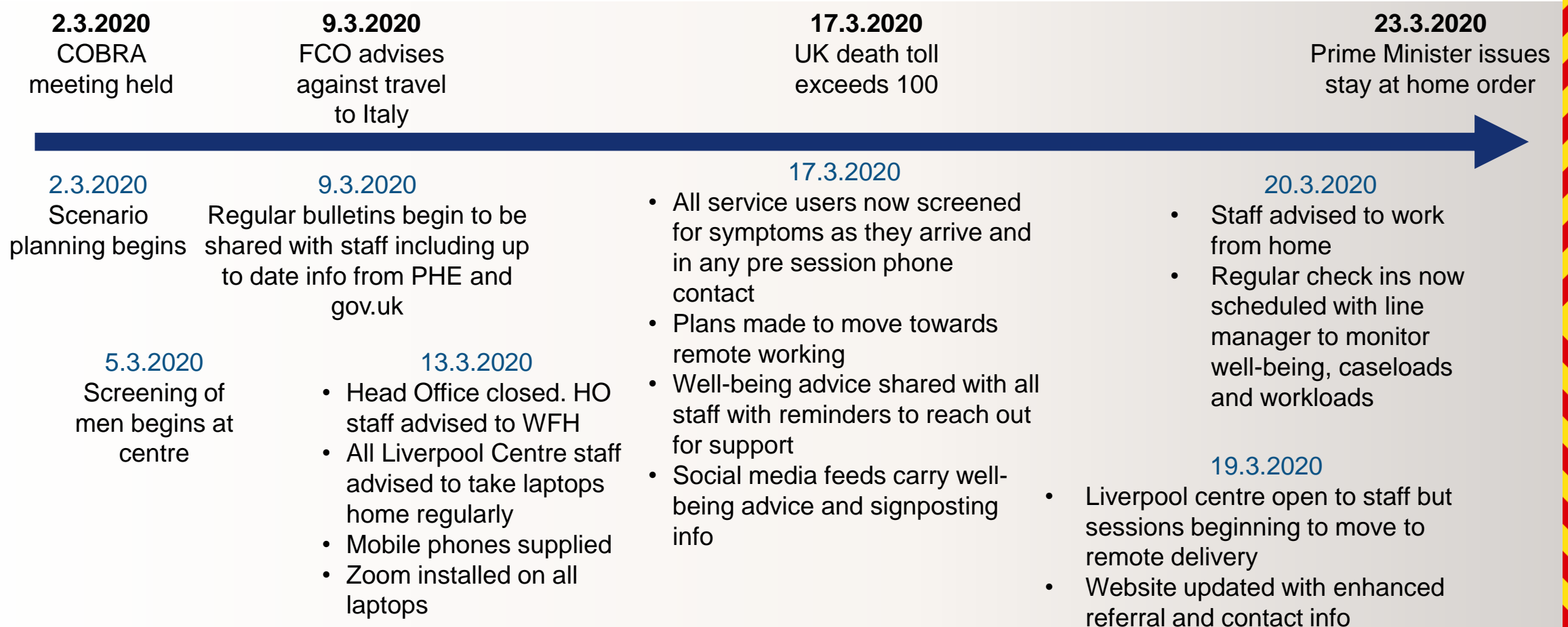
We offer a proven, safe and effective therapeutic intervention delivered by trained professionals

We engage friends and families in the care of the men we see

During lockdown we have innovated and adapted to ensure we can help men in suicidal crisis throughout



Pre national lockdown timeline



STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

During stay at home / lockdown timeline

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES

23.3.2020

- All staff working from home
- All sessions delivered remotely
- Referrals continue to be accepted
- Implemented change from Zoom to HeyDoc video consultations
- Answerphone amended to reflect online working and to provide info on how to refer or self-refer
- Website updated to reflect response to Lockdown order and to provide enhanced referral guidance
- All paperwork carried out previously using paper moved to electronic versions

10.5.2020
Prime Minister outlines plans to ease some restrictions.
Govt. slogan changed.

- 20.4.2020**
- More well-being resources provided to staff
 - Social evenings organised via Zoom for staff

18.5.2020

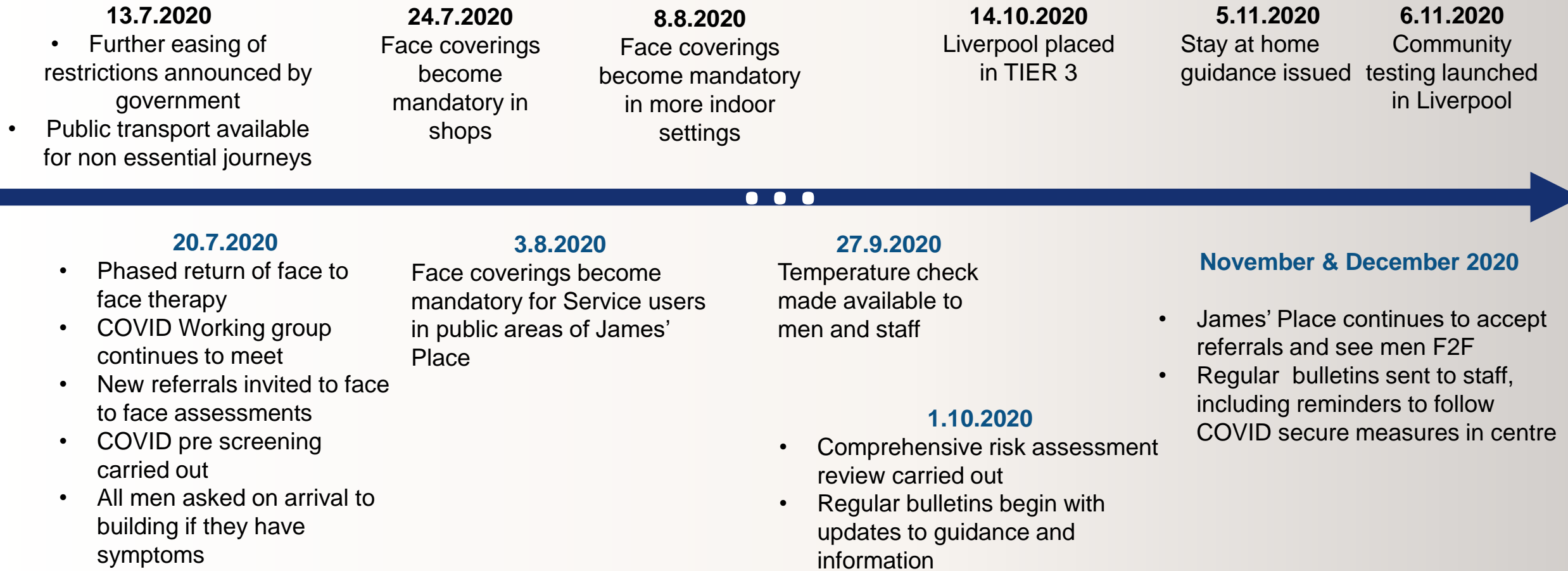
- Planning begins for a possible return to face to face working
- Staff informed
- Risk Assessment carried out
- Staff Survey drawn up
- COVID 19 measures drawn up for a COVID safe environment
- Enhancements planned for Contract cleaning schedule
- Signage, Sanitising and anti-bac products sourced
- Pre Screening questionnaire drawn up for men

15.6.2020
Non-essential shops open

6.7.2020

- Phased return to work of staff only begins at Catharine Street
- Robust mitigation measures in place
- Staff provided with comprehensive guidance packs and risk assessment
- Staff advised to remain at home if symptomatic and to have a test

Easing of measures timeline



Measures relaxed, then tightened

2.12.2020
Liverpool placed
in Tier 2

30.12.2020
Liverpool placed
in Tier 3

5.1.2021
England placed in
National Lockdown

December 2020

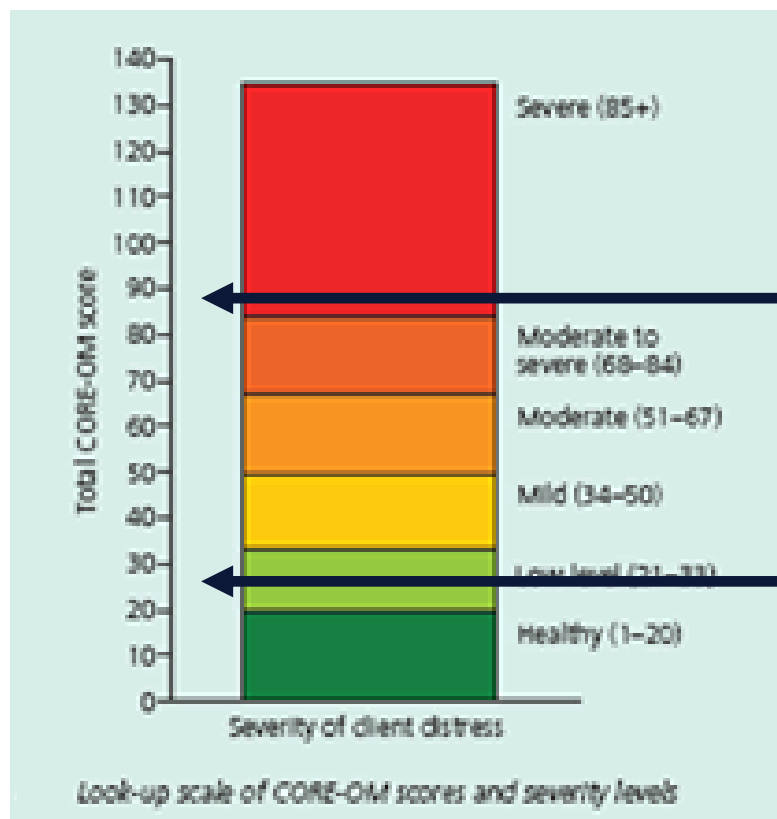
- James' Place continues to accept referrals for F2F therapy
- Regular bulletins sent to staff to remind them of the measures in the centre

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

4.1.2021

- Comprehensive risk assessment review carried out & amendments made to reflect new national guidance:
- Additional measures introduced in centre include all those in building to wear face coverings in public spaces
- Window opening becomes mandatory
- One to one meetings arranged with staff
- F2F sessions continue where clinically necessary

Adapting delivery from face to face to remote

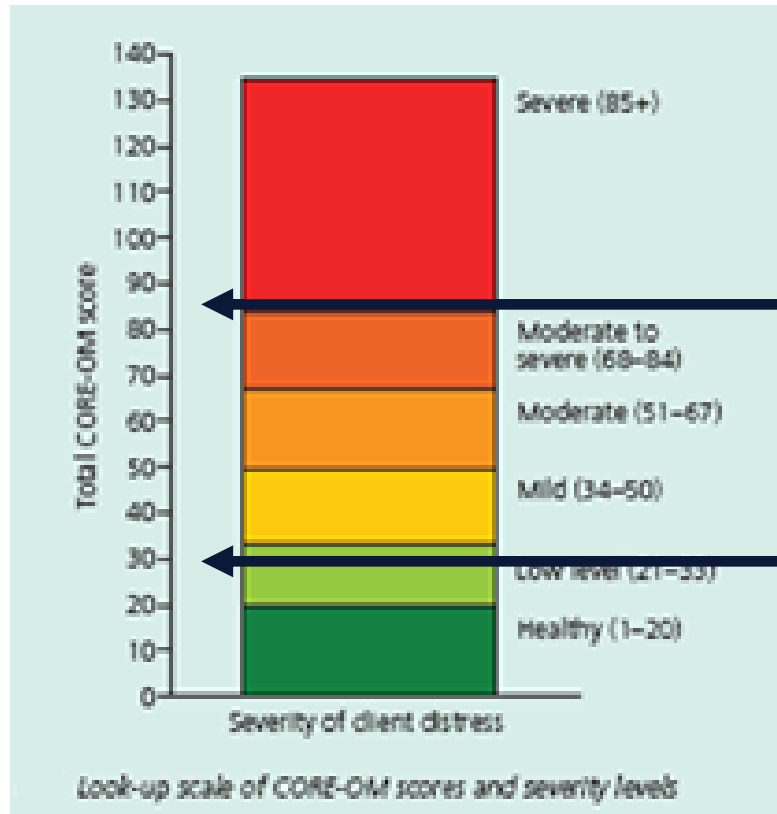


Average
CORE on
arrival 87

Average
CORE on
discharge 27

- We moved to entirely remote delivery on March 23. Anyone being seen prior to that date will have received some face to face delivery of our intervention
- These men received a blend of delivery. They attended our centre at the beginning of their intervention before moving to remote delivery

Entirely remote delivery – during Lockdown

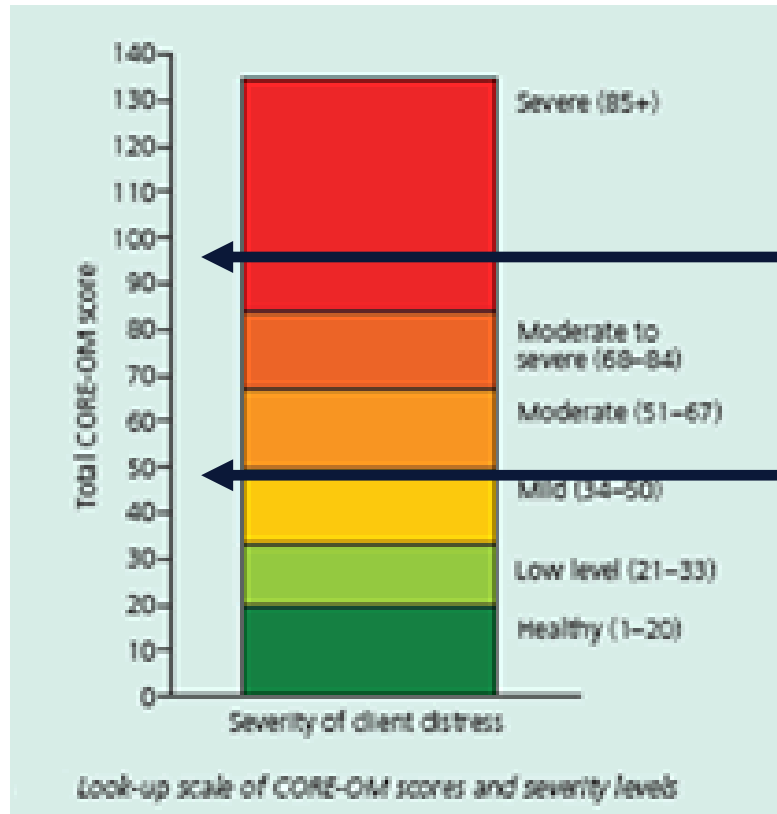


Average
CORE on
arrival 84

Average
CORE on
discharge 29

- Anyone who was referred and discharged between March 23 2020 and July 20 2020 undertook their intervention entirely remotely
- These men did not attend our centre in person at all during the course of their intervention

Returning from remote to face to face delivery

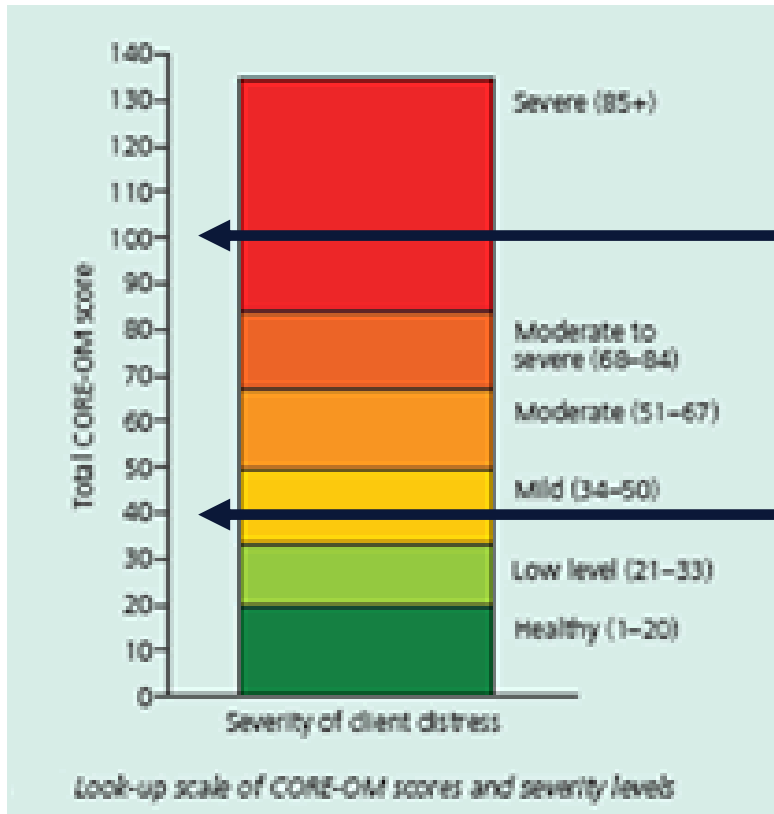


Average
CORE on
arrival 95

Average
CORE on
discharge 49

- Anyone who was referred to us before July 20 2020 and discharged after that date will have received some therapy remotely and some face to face
- These men undertook their intervention remotely at the beginning of their intervention before moving to face to face delivery

Post Lockdown



Average
CORE on
arrival 100

Average
CORE on
discharge 38

- Anyone who was referred to us after we returned to F2F therapy on July 20.
- These men began their intervention between 20 July and 31 August.

Lessons learned

Lockdown has clearly had an impact on referrals, on the levels of distress men are showing, and on the work we have done with them

While our samples are very small, our findings indicate that men who sought our help coming out of lockdown were in a more severely distressed state than average

Referral patterns varied throughout lockdown, with an initial drop during the first lockdown, returning to normal levels within a week of return to F2F therapy

The experience of the men who used our service has remained wholly positive throughout the pandemic, but it is clear that more men sought our help when we returned to F2F delivery

The future

We are currently working in Liverpool and London and plan to open three more centres within five years

We are seeking constantly to learn from our work, on a daily, weekly and longer term basis: we adapt our practice to best respond to need

We want to share what we are learning, with the caveat that we don't have all the answers, or a complete picture of the data

We welcome the opportunity to work collaboratively, and thank you very much for your time today



Thank you

Questions?

Jane@jamesplace.org.uk

Ellen@jamesplace.org.uk