

Delivering our intervention during COVID 19

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About James' Place





Our mission

Our mission is to stop men dying by suicide; suicide is still the single leading cause of death of men under 50

We opened our Liverpool centre in 2018 and have seen over 400 men since then

Our second centre in London will open in the coming months, and we have already started seeing men virtually in Hackney

We also work to understand what drives a suicidal crisis, what can be done to address it, and how to prevent it, working academic partners



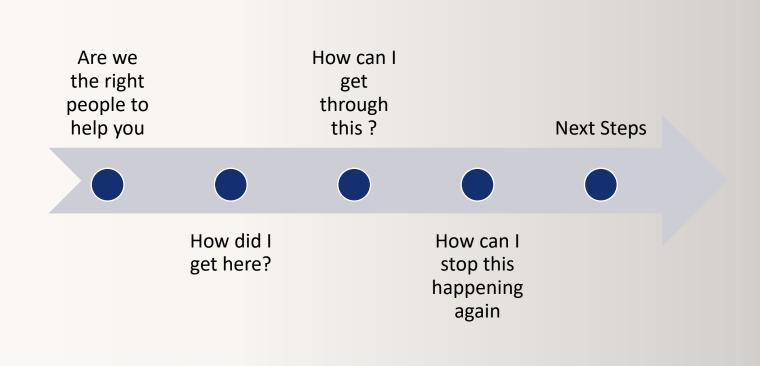


James' Place

We offer a proven, safe and effective therapeutic intervention delivered by trained professionals

We engage friends and families in the care of the men we see

During lockdown we have innovated and adapted to ensure we can help men in suicidal crisis throughout





Pre national lockdown timeline

2.3.2020 COBRA meeting held 9.3.2020 FCO advises against travel to Italy

9.3.2020

17.3.2020 UK death toll exceeds 100 23.3.2020
Prime Minister issues stay at home order

2.3.2020

Scenario Regular bulletins begin to be planning begins shared with staff including up to date info from PHE and gov.uk

5.3.2020

Screening of men begins at centre

13.3.2020

- Head Office closed. HO staff advised to WFH
- All Liverpool Centre staff advised to take laptops home regularly
- Mobile phones supplied
- Zoom installed on all laptops

17.3.2020

- All service users now screened for symptoms as they arrive and in any pre session phone contact
- Plans made to move towards remote working
- Well-being advice shared with all staff with reminders to reach out for support
- Social media feeds carry wellbeing advice and signposting info

20.3.2020

- Staff advised to work from home
- Regular check ins now scheduled with line manager to monitor well-being, caseloads and workloads

19.3.2020

- Liverpool centre open to staff but sessions beginning to move to remote delivery
- Website updated with enhanced referral and contact info



During stay at home / lockdown timeline

10.5.2020

Prime Minister outlines plans to ease some restrictions. Govt. slogan changed.

23.3.2020

- All staff working from home
- All sessions delivered remotely
- Referrals continue to be accepted
- Implemented change from Zoom to HevDoc video consultations
- Answerphone amended to reflect online working and to provide info on how to refer or self-refer
- Website updated to reflect response to Lockdown order and to provide enhanced referral guidance
- All paperwork carried out previously using paper moved to electronic versions

20.4.2020

- More well-being resources provided to staff
- Social evenings organised via Zoom for staff

15.6.2020

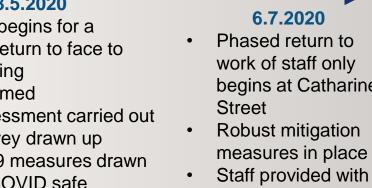
Non-essential shops open

18.5.2020

- Planning begins for a possible return to face to face working
- Staff informed
- Risk Assessment carried out
- Staff Survey drawn up
- COVID 19 measures drawn up for a COVID safe environment
- Enhancements planned for Contract cleaning schedule
- Signage, Sanitising and antibac products sourced
- Pre Screening questionnaire drawn up for men

- Phased return to work of staff only begins at Catharine Street
- Staff provided with comprehensive guidance packs and risk assessment
- Staff advised to remain at home if symptomatic and to have a test





Easing of measures timeline

13.7.2020

- Further easing of restrictions announced by government
- Public transport available for non essential journeys

24.7.2020

Face coverings become mandatory in shops

8.8.2020

Face coverings become mandatory in more indoor settings

14.10.2020

Liverpool placed in TIER 3

5.11.2020

Stay at home Community guidance issued testing launched in Liverpool

6.11.2020

20.7.2020

- Phased return of face to face therapy
- COVID Working group continues to meet
- New referrals invited to face to face assessments
- COVID pre screening carried out
- All men asked on arrival to building if they have symptoms

3.8.2020

Face coverings become mandatory for Service users in public areas of James' Place

27.9.2020

Temperature check made available to men and staff

1.10.2020

- Comprehensive risk assessment review carried out
- Regular bulletins begin with updates to guidance and information

November & December 2020

- James' Place continues to accept referrals and see men F2F
- Regular bulletins sent to staff, including reminders to follow
 COVID secure measures in centre



Measures relaxed, then tightened

2.12.2020

30.12.2020

Liverpool placed in Tier 2

Liverpool placed in Tier 3

December 2020

- James' Place continues to accept referrals for F2F therapy
- Regular bulletins sent to staff to remind them of the measures in the centre

5.1.2021

England placed in National Lockdown

4.1.2021

- Comprehensive risk assessment review carried out & amendments made to reflect new national guidance:
- Additional measures introduced in centre include all those in building to wear face coverings in public spaces
- Window opening becomes mandatory
- One to one meetings arranged with staff
- F2F sessions continue where clinically necessary



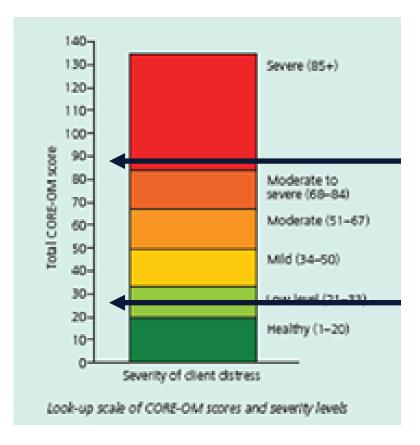
SAVE

NHS

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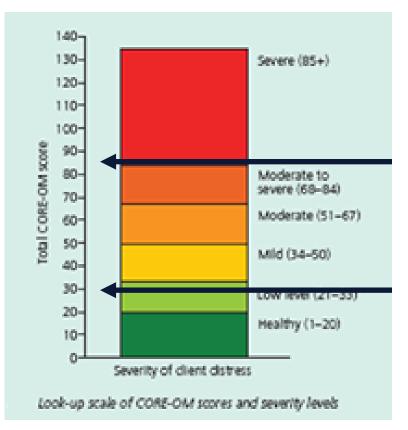
Adapting delivery from face to face to remote



Average CORE on arrival 87

- We moved to entirely remote delivery on March 23. Anyone being seen prior to that date will have received some face to face delivery of our intervention
- These men received a blend of delivery. They attended our centre at the beginning of their intervention before moving to remote delivery

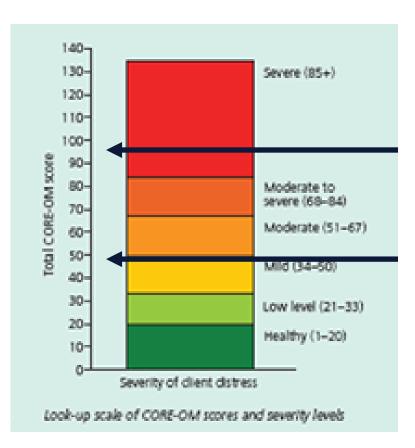
Entirely remote delivery – during Lockdown



Average CORE on arrival 84

- Anyone who was referred and discharged between March 23 2020 and July 20 2020 undertook their intervention entirely remotely
- These men did not attend our centre in person at all during the course of their intervention

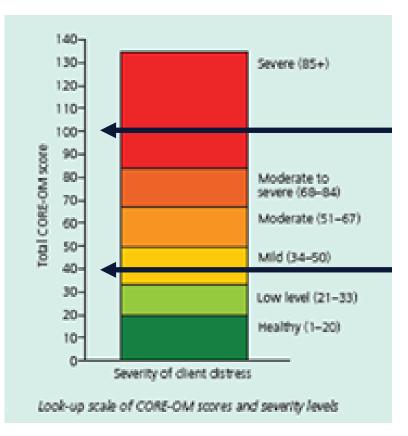
Returning from remote to face to face delivery



Average CORE on arrival 95

- Anyone who was referred to us before July 20 2020 and discharged after that date will have received some therapy remotely and some face to face
- These men undertook their intervention remotely at the beginning of their intervention before moving to face to face delivery

Post Lockdown



Average CORE on arrival 100

- Anyone who was referred to us after we returned to F2F therapy on July 20.
- These men began their intervention between 20 July and 31 August.

Lessons learned

Lockdown has clearly had an impact on referrals, on the levels of distress men are showing, and on the work we have done with them

While our samples are very small, our findings indicate that men who sought our help coming out of lockdown were in a more severely distressed state than average

Referral patterns varied throughout lockdown, with an initial drop during the first lockdown, returning to normal levels within a week of return to F2F therapy

The experience of the men who used our service has remained wholly positive throughout the pandemic, but it is clear that more men sought our help when we returned to F2F delivery



The future

We are currently working in Liverpool and London and plan to open three more centres within five years

We are seeking constantly to learn from our work, on a daily, weekly and longer term basis: we adapt our practice to best respond to need

We want to share what we are learning, with the caveat that we don't have all the answers, or a complete picture of the data

We welcome the opportunity to work collaboratively, and thank you very much for your time today





Thank you

Questions?

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