



Suicide ideation in Hestia's domestic abuse refuges during Covid-19

Presentation for - National Suicide Prevention Alliance

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The Picture Before Lockdown

- Correlation between experience of domestic abuse and suicide/suicide attempts etc.
- Correlation between psychiatric inpatient stay and domestic abuse
- Correlation between suicide and perpetration of domestic abuse homicides



Lockdown 2020

4 fold increase

in incidents of suicide ideation among women in our refuges

July-September 2020 (compared to July-September 2021)



Clear impact of Covid-19

- Lockdown causing increased mental health challenges
- Lockdown impacting on access to other services
- More women with high mental health needs coming to the refuges
- Health inequalities impacts for BAME women



Pre-existing mental health conditions & trauma

- Transition and poor transfer of mental health care
- Transition and reactivation of trauma
- Services for women with dual diagnosis particularly fragmented
- Correlation of past history of childhood abuse with suicide ideation
- Sleeplessness and noise related to traumatic experience