

**Conference 2022:**  
**Suicide prevention at the heart of the Covid recovery**  
 Thursday 27<sup>th</sup> January 2022, 10:00 to 16:00

Time	Session
10.00	<b>Welcome</b> Brian Dow and Jacqui Morrissey, Co-chairs, NSPA
10.10	<b>Gillian Keegan MP</b> Minister for Care and Mental Health
10.20	<b>Plenary: Update on the National Strategy, including the impact and response to Covid</b> Professor Louis Appleby, Chair, National Suicide Prevention Strategy Advisory Group
10.50	<b>Plenary: How DHSC and OHID are driving suicide prevention in the recovery phase</b> Gareth Owen, Lead for Suicide and Self-Harm Prevention, Department of Health and Social Care
11.10	<b>Plenary: A Lived Experience Perspective</b> Catherine McGill, NSPA Lived Experience Influencer
11.20	<b>BREAK</b>
11.40	<b>Plenary: Valuing lived experience in suicide prevention</b> Jessica Worner, Lived Experience Network Manager, NSPA Sandeep Saib, Emma Williams and Penny Phillips, NSPA Lived Experience Influencers
12.20	<b>Workshops</b> Exploring how we can make the internet a safer space for individuals experiencing self-harm and suicidal feelings, <i>Samaritans</i> First Hand: making sense of the memories and emotions following the suicide of someone you didn't know, <i>Support After Suicide Partnership and Grassroots</i> Suicide prevention in young people: Research and peer support, <i>NW Counselling Hub</i> Alcohol dependency and suicide: lived experience perspectives on barriers to support and 'what works', <i>We Are With You and partners in the Suicide Prevention Consortium</i> Compassionate, co-produced safety-planning: two examples of good practice, <i>North East &amp; North Cumbria Suicide Prevention Network and 4 Mental Health</i>
1.00	<b>LUNCH BREAK and Networking</b> <b>Online networking spaces will be provided</b>

1.40	<p><b>Welcome back from Chair</b></p> <p>Brian Dow, Co-chair of NSPA</p>
1.45	<p><b>Workshops</b></p> <p>Effective interventions for those who self-harm: a randomised control trial, <i>Harmless</i></p> <p>Expansion and implementation of Real-Time Surveillance across London to incorporate self-harm and attempted suicide data, <i>Thrive LDN</i></p> <p>A joined up and proactive approach to the prevention and awareness of the mental health and wellbeing challenges faced by workers across the construction industry, <i>Mates in Mind</i></p> <p>Approaches to high risk locations, <i>City of London</i></p> <p>Preventing and responding to student suicide in Further Education (FE) and Higher Education (HE) settings, <i>Professor Jo Smith</i></p>
2.30	<p><b>BREAK</b></p>
2.45	<p><b>Plenary: Equality and diversity in suicide prevention</b></p> <p>Dr. Duleeka (Dee) Knipe, EBI Vice Chancellor's Research Fellow, Bristol Medical School</p> <p>Maxine Roper and Shilla Patel, NSPA Lived Experience Influencers</p> <p>In conversation: Poppy Jaman, CEO of City Mental Health Alliance and Julie Bentley, CEO of Samaritans</p>
3.45	<p><b>Closing comments</b></p> <p>Jacqui Morrissey, Co-chair, NSPA</p>
4.00	<p><b>Close and Networking (open until 4.30pm)</b></p> <p><b>Online networking spaces will be provided</b></p>