

Suicide Prevention in the Context of Covid-19 Recovery

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NSPA Lived Experience Influencer

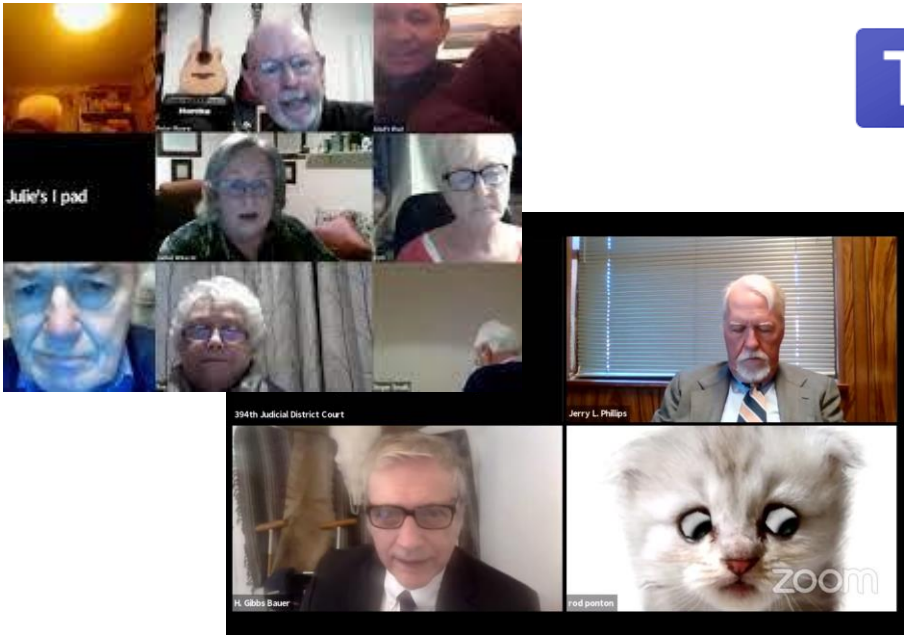
Key Points

- Digital Poverty / Inclusion / Divide
- Choice and quality of access off- and on- line
- Collaborative working and Co-production

The 'Before Times'



The Aftermath



https://upload.wikimedia.org/wikipedia/commons/e/ef/Regent_Street_Central_London_UK_COVID_19_Empty_Street.jpg

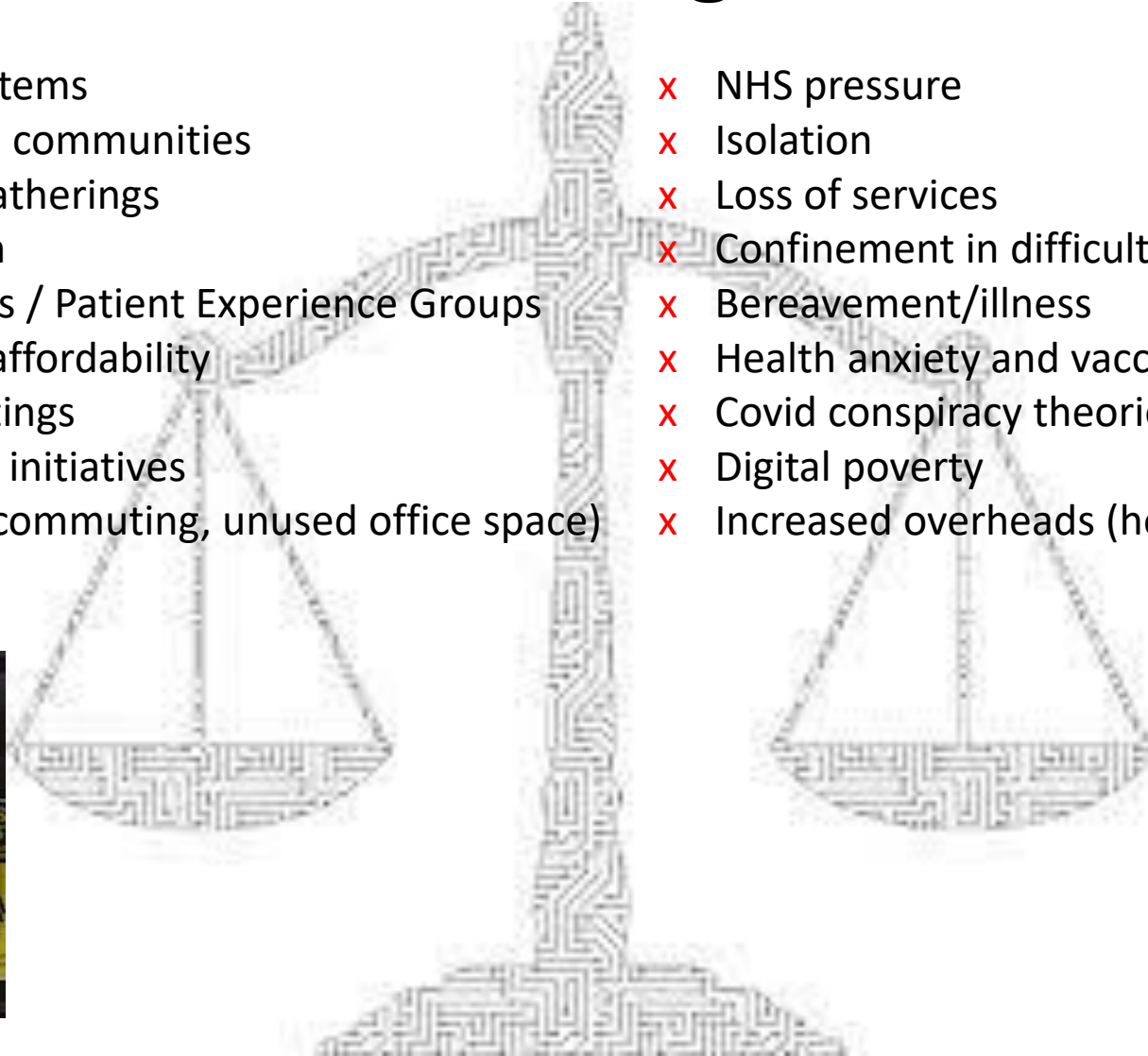


publicdomainvectors.org



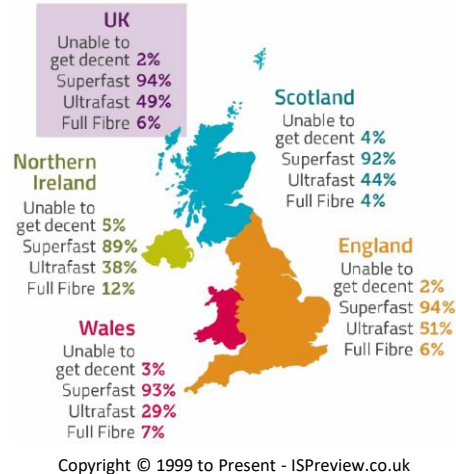
Benefits and Disadvantages - Covid Measures

- ✓ Appreciation for NHS systems
- ✓ Expanded (global) online communities
- ✓ Diversity within online gatherings
- ✓ NSPA Influencer program
- ✓ Working Together Groups / Patient Experience Groups
- ✓ Training availability and affordability
- ✓ Neurodiversity and meetings
- ✓ New funding for support initiatives
- ✓ Reduced overheads (no commuting, unused office space)
- ✗ NHS pressure
- ✗ Isolation
- ✗ Loss of services
- ✗ Confinement in difficult situations
- ✗ Bereavement/illness
- ✗ Health anxiety and vaccine concerns
- ✗ Covid conspiracy theories
- ✗ Digital poverty
- ✗ Increased overheads (home working, home offices)



Moving Forward, with or without Covid-19

Digital inclusion

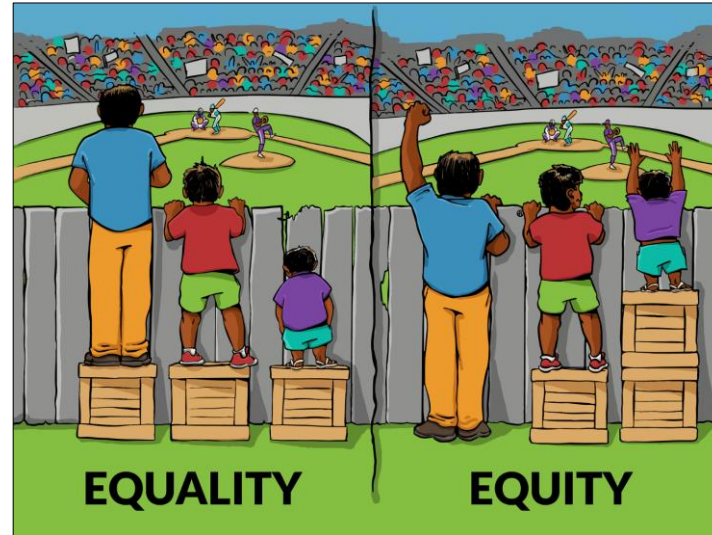


Laptops for All: Campaign's bid to help close digital divide in Sheffield

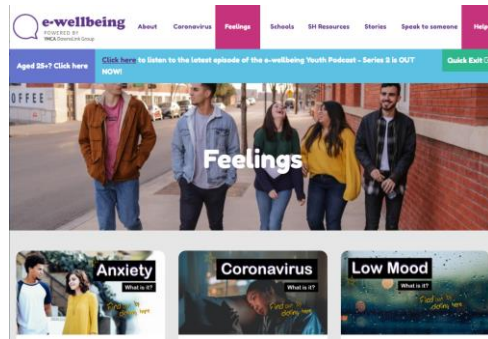
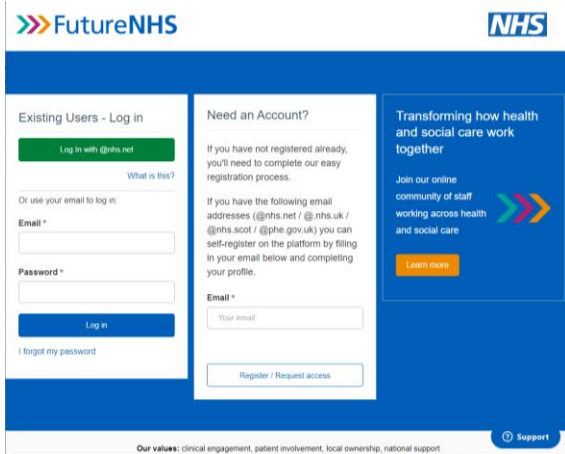


Moving Forward, with or without Covid-19

Access to services

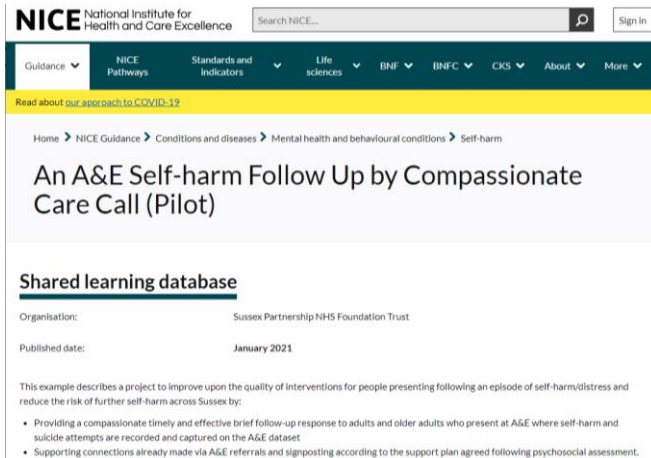


Moving Forward, with or without Covid-19

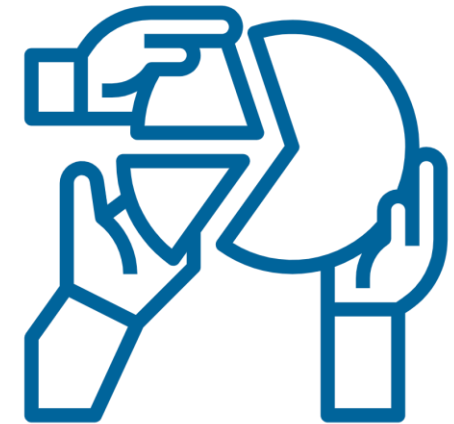


[e-wellbeing.co.uk/](https://www.e-wellbeing.co.uk/) and [e-wellbeingadults.co.uk/](https://www.e-wellbeingadults.co.uk/)
Co-produced by SPFT, YMCA, and service users

Collaboration



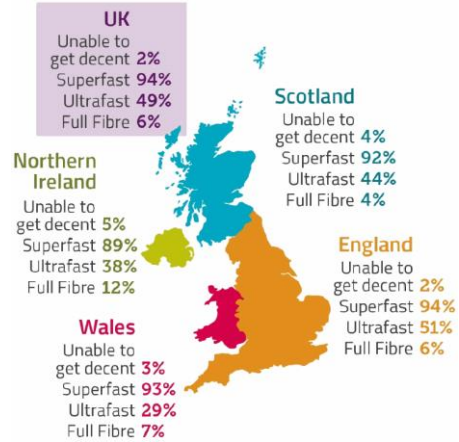
SPFT co-produced A&E Project
Shaped by lived experience



(SPFT=Sussex Partnership (NHS) Foundation Trust)

Thank you for listening

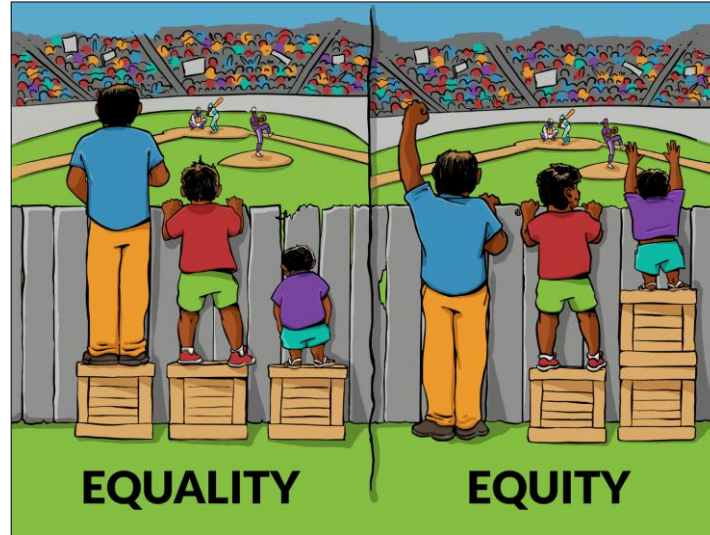
Digital inclusion



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Access to services



NEEDS-FOCUSSED

Collaboration

