

Disclaimer

Given that the subject of this workshop is high risk locations, we are going to mention specific locations where people complete, if this distresses you please feel free to join other workshops.

Please note, use of appropriate language and terminology is important when discussing suicide. All partners should avoid using outdated terms, but please demonstrate kindness if colleagues misspeak - we are all working to become better people and professionals.

<https://www.samaritans.org/about-samaritans/media-guidelines/>

Housekeeping

Housekeeping:

- Please remain on mute - but keep your video on if you would like to.
- If you choose to keep your video on, please note you may appear in the recording.
- Please write any questions you may have in the chat, and we will get to as many of them as possible at the end of the presentation.
- If you would like to use auto-captioning, click the 3 dots '...' at the top-right hand side of your window in the meeting controls, and clicking 'turn on live captions'.
- If you need emotional support, please note we have Mental Health First Aiders (MHFAs) on standby. You can find details under the 'Quiet Space' tab on the event platform.

You have the option to look ahead at the slides but we ask that you stay on the slide we are talking about please

City of London



National Suicide Prevention Annual Conference
Suicide Prevention in the Square Mile

27 January 2021

Claire Giraud
City of London and Hackney Public Health team

Russell Pengelly Mental Health Liaison Officer, City of London
Police

City Data

In the City 80% or more of completed suicides occur on bridges and 95-100% occur in the public sphere.

Year	Attempted and Contemplated Suicide	Completed Suicides
2019	over 150	Between 5 and 10
2020	over 100	Under 5
2021	over 250	Between 5 and 10

City of London Suicide Prevention Multi- agency steering group and action plan

Six domains outlined by Public Health England (PHE):

- Reduce the Risk of Suicide in Key high risk groups
- Tailor approaches to improve mental health in specific groups
- **Reduce access to the mean of suicide**
- Those who are bereaved or affected by suicide to feel informed and supported throughout their experience
- Support the media in delivering sensitive approaches to suicide and suicidal behaviour
- Support research, data collection and monitoring

Bridge Pilot 2016

From April 2016 to April 2017 we conducted a bridge pilot:

- placed samaritans signs on 3 bridges
- delivery of training sessions to the public and frontline staff at various city locations
- leaflets handed out to pedestrians at London Bridge

Partnership working and sharing good practice

The Corporation is a member of :

- The Tidal Thames Water Safety Forum
- Safe Public Place
- The National Suicide Prevention Alliance

City focus - reducing access to the means of suicide

- Advise developers at pre application meetings for any building of 4 storeys or above
- Planning guidance for developers of building of 4 storeys or higher on how to mitigate suicide risk to be part of our long term plan
- Planning committee report template to have a paragraph on suicide risk mitigation
- Exploring feasibility of options for physical measures on the bridges

City Focus - increasing opportunities for human intervention

- Trying to secure funding for 24/7 trained volunteer patrols on 13 bridges (in the hope of a mobilization summer 2022)
- Mental health street triage - Mental health nurses accompany police officers
- Training of business staff along the river through the business healthy network
- Promotion of water safety and suicide awareness materials to licensed premises along the water
- Leaflet about suicide prevention in the City are distributed regularly at transport hubs and on the bridges

Intervention Strategy

- Post incident follow up meetings have become the standard
- Intervention meetings with the service user
- Frequent attenders have been steered away from returning to high risk locations
- To date we have had 100% success in reducing re-attendance to zero

City of London Secure City Programme (SCP)

- Additional camera coverage of the City's five bridges which feed directly into the City of London Police control room
- SCP's remit also includes a specific workstream aimed at improving situational awareness of vulnerable people on the City's Thames bridges, currently looking at piloting technological solutions for the benefit of the emergency and support services.



Hackney



City of London Secure City Programme (SCP)

The over arching objective is to provide greater situational awareness, considering three distinct aspects of a fall:

- The identification of a potential fall before it happens
- The detection of a fall as it happens
- The response to a fall once it has happened

Different types of technology have been identified, assessed and the most promising products are being moved forward to a feasibility validation with field trials progressed for shortlisted products.

The field trials will assess viability and constraints for improving situational awareness and the most effective will be implemented on an on-going basis.



Hackney



The Samaritans City Hub

- Brand new Samaritans service delivery centre located near London Bridge
- London workers can volunteer flexibly around their work patterns and busy lives
- Help meet the demand for Samaritans forthcoming online chat service
- Engage London workers in activities that enhance wellbeing and develop skills
- Create a innovative Samaritans centre enabling them to test a more flexible model of volunteering



Upstream measures - promotion and prevention



www.cityoflondon.gov.uk/releasepressure

Things to do Services Supporting businesses

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Services / Health and wellbeing / Mental health

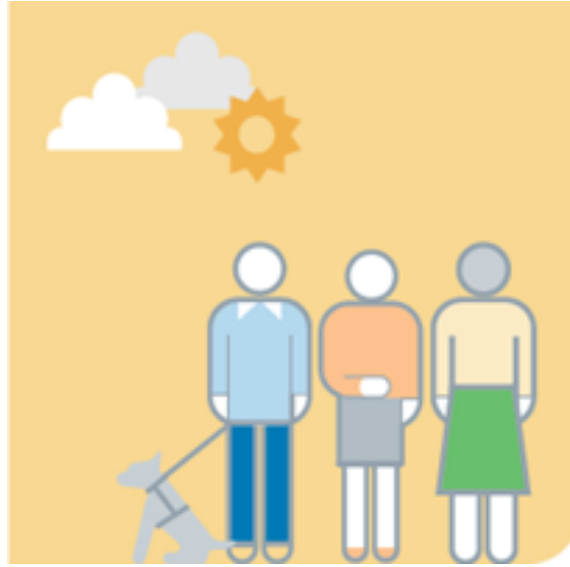
Mental Health and Wellbeing

f Date created: 26/06/2020

! Is your life in danger? If you have seriously harmed yourself – for example, by taking a drug overdose – call 999 for an ambulance or go straight to A&E. Or ask someone else to call 999 or take you to A&E.

Mental wellbeing

Mental wellbeing is more than not having a mental health problem; it refers to our ability to get the most out of life and cope with its challenges.



Questions?

What work do people in this audience do in high frequency locations? Please raise your hand or tell us in the chat