



National
Suicide Prevention
Alliance

NSPA 9th Annual Conference 2023

The new suicide prevention plan: reaching further and deeper into communities

Tuesday 24th January, 9:15 to 16:30, The Kia Oval, London

Agenda	Session
09:15	Registration & Networking
09:45	Welcome from NSPA Co-Chairs
10:00	<p>The latest national suicide figures and how these are shaping the national suicide prevention strategy</p> <p>Professor Louis Appleby, Chair, National Suicide Prevention Strategy Advisory Group</p>
10:40	<p>The new national plan</p> <p>TBC - Minister for Suicide Prevention</p>
11.00	<p>The impact of the cost-of-living crisis on different groups</p> <p>Professor Ann John, Professor in Public Health & Psychiatry at Swansea University Medical School</p> <p>Linking Suicide Prevention Strategies with Autism Strategies and including the Autistic Community: A lived experience perspective</p> <p>Sue Wilgoss, NSPA Lived Experience Influencer.</p>
11:40	Coffee break – 30 mins
12.10	<p>Workshops – reaching people in different communities</p> <ul style="list-style-type: none"> • How to involve people with Lived experience to shape policies around health inequality: Eva Bell, Samaritans; Robin Pollard, WithYou; Shilla Patel, Lived Experience Influencer • Domestic abuse and suicide - what can we learn from the voices of victims of domestic abuse who have tried to take their own lives? Tim Woodhouse, Kent County Council & Josephine Ramm, Perpetuity Research • Supporting primary care professionals working with LGBTQ+ young people with suicidal thoughts: Agnes Mundy, Grassroots Suicide Prevention & Jess Borthwick, Allsorts Youth Project • Suicide Inequalities in the Gypsy and Traveller Communities: Michelle Gavin, Friends, Families & Travellers • Suicide Prevention and mental health in the South Asian population: Sandy Kaur, Sehhat & Sikh Forgiveness
13.00	Lunch – 1 hour

Time	Session
14:00	<p>Workshops – reaching people through different settings</p> <ul style="list-style-type: none"> • The benefits of a GP Mental Health Fellowship scheme to the suicide prevention agenda: Ruth Finlay, Sussex Health Partnership; David Davis, Brighton & Hove Council; Dr James Pumphrey, GP; Dr Jenna Murtha, GP • Innovative practices for suicide prevention at high-risk locations: Beth Pettersen, Samaritans & Lizzie Raby, Urban Scale Interventions • Hidden & High-Risk: Reflections on the need for prioritisation of suicide prevention activities with individuals under probation supervision: Professor Karen Slade & Amy Beck, Probation Service • Internet safety, suicide and self-harm: How can we support people to have safe and positive experiences online? Fran Edmans & Chris Thomas, Samaritans • Research into suicide postvention services in LGBTQ+ community: Michelle Stebbings, Support After Suicide Partnership
14:50	Tea break – 15 minutes
15:10	<p>Learning Legacies: Bringing visibility to domestic abuse-related suicide</p> <p>Sarah Dangar, CEO Ahisma Charity</p>
15:30	<p>Overview of Suicides in Children and Young People</p> <p>Prathiba Chitsabesan, Associate National Clinical Director for Children & Young People’s Mental Health</p>
15:55	<p>Ellie chose happy and so can you</p> <p>Jody Foster, Mark Foster & Nicola Jones, Ellie’s Angels</p>
16:20	<p>Closing comments: one thing you’re taking away with you</p> <p>NSPA Co-Chairs</p>
16:30	Close

For more information and to book tickets to attend the conference [click here](#).

To read our conference FAQs including more details about the venue and accessibility please [click here](#).