

# York Ending Stigma

Let's talk  
mental  
health

Let's talk  
suicide  
prevention



X @YorkEndsStigma

[www.WhySuicidePrevention.co.uk](http://www.WhySuicidePrevention.co.uk)

# WHY Suicide Prevention



proud to be part of  
**yorkcvs**



**Humber and North Yorkshire**  
Health and Care Partnership

[www.WhySuicidePrevention.co.uk](http://www.WhySuicidePrevention.co.uk)

# Online Film Screening Event

Monday 26<sup>th</sup> February

12.30pm – 2.00pm

Register at [www.WhySuicidePrevention.co.uk](http://www.WhySuicidePrevention.co.uk)



**WE DIDN'T  
WANT THERE  
TO BE ANY FUSS**

JOIN US FOR THE SCREENING OF '**WHY**' A FILM BY  
PEOPLE EXPERIENCING SUICIDAL THOUGHTS  
SHARING HOPE

**LET'S TALK #SuicidePrevention**



# Challenges and Benefits



**WE** DIDN'T WANT **THEY** TO BE ANY **F**

JOIN US FOR THE SCREENING OF 'WHY' PEOPLE EXPERIENCING SUICIDAL THOUGHTS SHARING HOPE

**LET'S TALK #SuicidePrevention**



**WE** DIDN'T **TH**INK ANYONE WOULD UNDERSTA  
THIS IS 'WHY' WE ARE SHARING OUR SUICIDAL THOUGHTS. WE'D LIKE TO CONVERSATIONS AND ACTIONS TO  
**LET'S TALK #SuicidePr**

**WE** WISH WE **H**AD BEEN ABLE TO **SAY** SOMETHING **SOONER**

THIS IS 'WHY' WE ARE SHARING OUR EXPERIENCES OF SUICIDAL THOUGHTS. WE'D LIKE TO ENCOURAGE MORE CONVERSATIONS AND ACTIONS TO PREVENT SUICIDES

**LET'S TALK #SuicidePrevention**



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# Questions

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Contact us for more information...

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[www.yorkcvs.org.uk/york-ending-stigma](http://www.yorkcvs.org.uk/york-ending-stigma)

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